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Maine Occupational Information Coordinating Committee Newsletter, February 1990

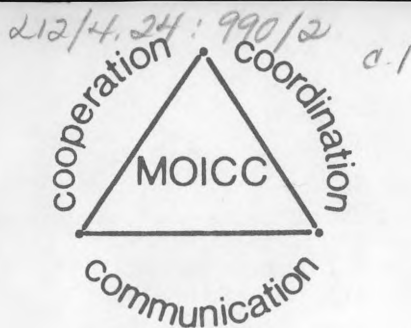
Maine Occupational Information Coordinating Committee

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Maine Occupational Information Coordinating Committee

NEWSLETTER

February 1990

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FACING THE CHALLENGES OF THE '90S

The 12th Career Education and Career Information Conference, FACING THE CHALLENGES OF THE '90S, will be held June 25 and 26, 1990 at Central Maine Technical College in Auburn.

The two keynoters presenting at this year's two-day event will be Dr. Robert Wegmann, professor at University of Houston-Clear Lake, Texas and Jayne Vogan, associate professor at SUNY Brockport, New York.

Wegmann will speak on "Education and Work in the New Economy: Where will the 1990s Take Us?" and conduct a skill building workshop on "How Do You Get to the Right Place at the Right Time?--Learning About Your New Economy."

Vogan's keynote topic will be "Communications Skills for the 90s." Her afternoon skill builder will be "Stress and Time Management Techniques."

Many other afternoon topics will be presented including such topics as "Career Development and the Common Core of Learning," "Local Labor Market Information," "Personality Type and Careers," "Creative Visualization and Career Development."

Mark your calendars now for this exciting professional development opportunity! Registration fees are: Early registration (by 5/31) \$75/day or \$100 for both days; late registration (after 5/31) \$85/day or \$120 for both days. Further details and registration materials will be coming in February and April.

MICRO-OIS TRAINING AT TECHNICAL COLLEGES

The first version of Maine's microcomputer-based Occupational Information System (Micro-OIS) will be tested at each of the six Technical Colleges during February. Under a developmental/demonstration grant to the Central Office of the Technical Colleges, MOICC's new Micro-OIS will be evaluated for its ability to deliver occupational supply and demand information for program planning. Jon Persavich and Pam Christman will conduct the training for selected personnel at each of the Technical Colleges. Follow-up visits will be conducted to measure the effectiveness of the system and to determine recommendations for future modifications. For information regarding Micro-OIS, call Denis Fortier.

NEW PUBLICATIONS FROM MOICC

Four career-related booklets are being developed for inclusion in the Maine Job Box. The new titles are:

- * Helping Children with Career Decisions: A Primer for Parents
- * Future Perspectives: A Primer for Career Deciders
- * In the Hunt: A Skills Primer for Job Seekers
- * Hired, Not Fired: A Job Keeping Primer for the Successful Hunter

Publication is scheduled for June 1990.

MORE MOICC NEWS See Page 2



— State House Station 71, Augusta, ME. 04333 —

(207) 289-2331

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P.R.E.P. NOTES

The Planning to Realize Educational Potential (P.R.E.P.) curriculum has been revised and will be available for the 1990/91 school year. Many lessons have been updated and special lessons incorporating the use of the computer software, CHOICES, JR. and DISCOVER for Middle Schools have been developed.

P.R.E.P. Post Assessment results have been mailed to the first and second year program participants. The computer runs for schools who began P.R.E.P. in Fall 1989 have been completed and will be mailed to sites in late February. Stephen Thompson is the contact person for this project.

NAVY CIVTRAIN PROJECT

The MOICC is currently participating in an national inventory of training programs. The project is being conducted in cooperation with each of the State Occupational Information Coordinating Committees (SOICC) and the Navy. The ultimate goal is to provide a DBase catalog of specific occupational training programs that the Navy could use to train its personnel. Utilizing the School Directory component of Micro-OIS, MOICC staff presented its portion of the CIVTRAIN inventory during a regional meeting of northeast SOICC's in Providence, RI on February 1 and 2.

GUIDED IMAGERY AND CAREER DEVELOPMENT

Dr. Ken Hamilton, founder of H.O.P.E. (Healing of Persons Exceptional), Michael Shannon, and Stephen Thompson are working on a career development process using guided imagery and visualization techniques. The process was first presented publicly at the January National Career Development Association Conference in Phoenix, Arizona.

WORK/FAMILY INTEGRATION STUDY

The Work/Family Integration Study will be published. The study reflects the perceptions of 754 Maine youth from eight schools. Subreports were written by Ken Hoyt, Arthur O'Shea, Mary Elizabeth McCormas, Stan Freeman, Robert Cobb, Pamela MacBrayne, and Michael Shannon. The study includes results from a two-year follow-up of each school.

CIDS IN TRANSITION

The MOICC has been encouraging CIDS sites to adopt the MS DOS version of Houghton Mifflin's Guidance Information System (GIS) or STM Corp's CHOICES. To date, twenty schools have made the move with 10 more planning to switch for the 1990-91 school year. MOICC has offered \$500 incentive grants for those schools making the change. Providing the MOICC budget stays relatively intact during the current state budget reductions, grants will still be available. Contact Denis Fortier for further information.

S.A.V.E VOCATIONAL ASSESSMENT NETWORK

Southern Aroostook Vocational Education (S.A.V.E.) is in the process of developing a vocational assessment network using PESCO's Compute-a-Match (SAGE and JOBS) program. S.A.V.E. is also coordinating the purchase of a statewide employer file that links with the occupational information portion of Compute-a-Match.

The computer equipment and assessment program will travel to each of S.A.V.E.'s sending schools, where local counselors will conduct vocational assessments, sending results to S.A.V.E. for processing.

MAINE WORKS

Governor John R. McKernan will be hosting three more career exploration programs broadcast over the University Systems Interactive Television network. The purpose of the programs is to give students an opportunity to see and talk to people working in Maine. Representatives from a job cluster area are interviewed on the program with students from any of the 23 ITV sites able to ask questions. The MOICC has developed career information booklets to accompany each of the programs.

The schedule for upcoming MAINE WORKS on ITV:

March--HealthCare
April--Criminal Justice and Law
May--Human Services: Non-Profit and Public Service

ICDM TRAINING NOTES

Three ICDM training sessions were conducted in Fall 1989. A total of 39 people were trained in the updated curriculum. The trainees included representatives from Adult Education, JTPA, Job Service, University, and Technical Colleges.

CREATING WINNERS

In the book, *WISHCRAFT: HOW TO GET WHAT YOU REALLY WANT*, author Barbara Sher poses several questions regarding the childhood home environment that fosters the development of winners. These questions raise issues both for us as adults in our own development as well as in our roles as parents and mentors.

1. Were you treated as though you had a unique kind of genius that was loved and respected?
2. Were you told that you could do and be anything you wanted-- and that you'd be loved and admired no matter what it was?
3. Were you given real help and encouragement in finding out what you wanted to do--and how to do it?

(If you got #1 and #2, but not #3, did you blame yourself for not becoming all they said you could become?)

4. Were you encouraged to explore all your own talents and interests, even if they changed from day to day?
5. Were you allowed to complain when the going got rough, and given sympathy instead of being told to quit?
6. Were you bailed out when you got in over your head--without reproach?
7. Were you surrounded by winners who were pleased when you won?

THE MEANING OF LIFE

Here is the meaning of life in metaphorical form from Roger von Oech in his book *A WHACK ON THE SIDE OF THE HEAD: How to Unlock Your Mind for Innovation*.

LIFE IS LIKE:

- a bagel. It's delicious when it's fresh and warm, but often it's just hard. The hole in the middle is its great mystery, and yet it wouldn't be a bagel without it.
- eating grapefruit. First, you have to break through the skin; then it takes a couple of bites to get used to the taste, and just as you begin to enjoy it, it squirts you in the eye.
- cooking. It all depends on what you add and how you mix it. Sometimes you follow the recipe and at other times, you're creative.
- an unassembled abacus. It's what you make of it that counts.
- a jigsaw puzzle but you don't have the picture on the front of the box to know what it's supposed to look like. Sometimes, you're not even sure if you have all the pieces.
- a maze in which you try to avoid the exit.
- a room full of open doors which close as you get older.

WHAT DO YOU THINK LIFE IS LIKE?



FEWER DISABLED WORKERS ARE EMPLOYED TODAY

Looking at the ramps at street corners and the special elevators or lifts accessing public buildings and transportation, one would assume that today's labor force included a record percentage of disabled workers.

A new Bureau of the Census study, however, reports that far fewer disabled men are working today than in 1981 (23.4 percent vs. 29.8) while there has been a slight increase in employed disabled women (13.1 vs. 11.4 percent).

Furthermore, those disabled persons who are employed earn considerably less than all workers. In 1988, disabled men earned only 64 percent of the national average, compared to 77 percent in 1981. Disabled women earned 62 percent of the national average compared to 62 percent in 1981.

The interesting thing is that these changes occurred during the decade when concern for disabled workers appeared to have reached an all-time peak. Congress, in light of these statistics, has looked with favor upon an Americans with Disabilities Act, a civil rights act for those with handicaps.

From CAREER OPPORTUNITIES NEWS

RESOURCES FOR ENTREPRENEURSHIP EDUCATION

The following resources are available from the Center on Education and Training for Employment, Publications Office, Box C, The Ohio State University, 1900 Kenny Road, Columbus, OH 43210-1090.

Beyond a Dream: An Instructor's Guide for Small Business Exploration

Entrepreneurship Education

Model Entrepreneurship Programs

Entrepreneurship in Voc Ed: A Guide for Program Planning

Entrepreneurship: A Career Alternative

PACE-Program for Acquiring Competencies in Entrepreneurship

Entrepreneurship: A Vision for Everyone

Risks and Rewards of Entrepreneurship

(This is available from Changing Times, Educational Services, EMC Publishing 300 York Ave. St. Paul, MN 55101)

MARCH IS WOMEN'S HISTORY MONTH

The National Women's History Project with the help of a grant from the U.S. Department of Education has produced **WOMEN IN AMERICAN LIFE**, a four-part documentary that includes more than 550 historical photographs. Each video depicts women's lives, work and involvement with social issues. The complete set includes a 32-page discussion guide and four videos: 1861-1880 Civil War, Recovery and Westward Expansion; 1880-1920 Immigration, New Work and New Roles; 1917-1942 Cultural Image and Economic Reality; and 1942-1955 War Work, Housework and Growing Discontent. The videos are available individually and as a set, and are suitable for secondary school and college audiences. For details on rental, purchase, or preview of *Women in American Life*, contact the National Women's History Project, P.O. Box 3716, Santa Rosa, CA 95402.



BOOKS ON THE FUTURE

To keep up-to-date on the trends of the next decade, you might want to include these on your reading list.

American Renaissance: Our Life at the Turn of the 21st Century by Marvin Cetron and Owen Davies. St. Martin's Press. 1989

FutureScope: Success Strategies for the 1990's and Beyond by Joe Cappo. Longman Financial Services Publishing. 1990

America in the Global '90s: The Shape of the Future--How You Can Profit from It by Austin H. Kiplinger and Knight A. Kiplinger. Kiplinger Books. 1989

The Future: Opportunity Not Destiny edited by Howard F. Didsbury, Jr. World Future Society. 1989.

Reinventing the Future: Global Goals for the 21st Century by Rushworth M. Kidder. MIT Press. 1989.

HOW WELL DO YOU GET ALONG WITH OTHERS?

Test yourself! Read each question and answer it honestly.

1. Do you only make promises you can keep ... and do you keep them?
2. Are you prompt and punctual, never keeping others waiting?
3. Are you willing to help a co-worker who is having trouble finishing an assignment on time?
4. Do you find it easy to forgive?
5. Do you go out of your way to be friendly?
6. When you are in a bad mood or not feeling well, do you try to maintain an even, pleasant temperament?
7. Are you dependable?
8. Do you overlook the minor faults that everyone has?
9. Are you tolerant of others' personal habits, even if they are quite annoying?
10. Do you remain open-minded when someone's views are in conflict with yours?
11. Do you smile often?
12. Are you usually interested in how other people think and feel?
13. Do you try to keep your complaining to a minimum?
14. Do you help others because you want to--not because you can expect them to return the favor?
15. Do you criticize constructively?
16. Are you sensitive to others' feelings?
17. Do you try to be courteous and polite at all times?
18. Do you listen with your ears, not with your mouth?
19. Do you make an effort not to take people for granted?
20. Through your attitude, do you help others to feel good about themselves?
21. Do you stick up for your own ethical standards?
22. Are you honest and truthful?
23. Are you willing to accept blame and admit your mistakes?
24. Do you usually trust people?
25. Do you really understand the meaning of "give and take"?
26. Do you think about how your words and deeds affect other people?
27. Are you enthusiastic and optimistic?
28. When under stress, do you try not to take it out on others?

How do you rate? If you were able to conscientiously answer YES to 22 or more of the above questions, you are well on your way. Circle your NO answers and work on them--one by one. You can do it because you are already a pretty nice person to work with.

A GLIMPSE OF THE 90'S

WORK AND CAREERS

* By the year 2000, 95% of jobs will be in service industries and will call for workers who are familiar with computers and other information-processing technologies.

* Telecommuting and other flexible-place, flexible-time work schedules will become increasingly common as employers face up to modern realities such as single-parent households and the stress of urban commuting.

* Married couples who work together--"copreneurs"--may be the wave of America's business future. Hiring working couples as a team could be a logical next step for businesses and corporations, and more married couples are expected to start their own businesses.

BABY BUST

* The proportion of people age 20-29 will drop from 18 to 13 percent of the U.S. population by 2000.

* More than 21 million new jobs will be created.

* The labor shortage that results will encourage business, organized labor and individual workers to take a new look at older workers and to revamp the workplace to accommodate a wider range of workers--part-timers, temporary workers, persons with caregiving responsibilities, persons looking for post-retirement work in a new field.

LIFELONG LEARNING

* Fiber optics, interactive video and teleconferencing will enhance use of non-traditional locations and settings for learning, especially for personal interests.

* During the '90s there will be an explosion of home-based, community-based and employer-sponsored training and education programs to help employees--among them, an increasing number of older persons--keep pace with technological advances.

* Increasingly, older persons will serve as teachers and mentors as well as learners. More training programs will pair older and younger workers.

MEDICAL MARVELS

* Genetic mapping--efforts to identify all 100,000 human genes--will intensify in the '90s, allowing identification of more than 4,000 inheritable disorders among people of all ages. Health care practitioners will be able to predict with considerable accuracy the likelihood that you will develop particular illnesses--especially those that occur in later life.

* The '90s may well see a proliferation of new drugs to cure or prevent both "killer" diseases (heart disease, hypertension, some cancers) and chronic diseases (such as Alzheimer's).

CHANGES IN CAREGIVING

* Products such as emergency response systems, portable heart monitoring devices and home robot/computers will be found more frequently in homes of the '90's. These devices will free caregivers from time-consuming responsibilities such as medication dispensing and blood pressure reading.

* The increasing number of persons age 85-plus and the continuing upward spiraling of health care costs will serve as a catalyst for finding new solutions to the long-term care crisis.

* With more persons living into very old age, many of them experiencing chronic physical and/or mental disability, the need for planning for late-life decisions and finances will increase.

"SMART" HOUSES

* The electronics revolution of the '80's will accelerate allowing you to control a wide range of safety and entertainment functions in your home.

* Persons with physical limitations and those wanting greater flexibility may be able to work in non-traditional settings such as their own homes. The challenge: to use the "electronic cottage" to provide flexibility and autonomy without creating home-based electronics sweatshops.

ON THE ROAD AGAIN

You're driving down the road and your car's infrared radars go off, a warning that a fallen tree blocks the road ahead. Later your side-viewing sonars alert you to a car that's approaching too closely from the right.

No, you're not driving the Batmobile, but a standard car of the future. In the next 10 or 20 years, say automotive experts, cars will be loaded with these and other new gizmos.

Other developments in the works at American and foreign automobile manufacturers include: ultraviolet headlights to reduce glare; alarms that alert drivers when they start to fall asleep; displays in the windshield that show a car's speed and gasoline status; fast-acting windshield defrosters.

From AARP Bulletin, February 1990 and The Futurist: Outlook '90 and Beyond



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**Maine Occupational Information Coordinating Committee
State House Station 71
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